Effective: 3/1/2024

| | CALORIES (kcal) | CALORIES FROM FAT (kcal) | TOTAL FAT (g) | SATURATED FAT (g) | TRANS FAT (g) | CHOLESTEROL (mg) | SODIUM (mg) | CARBOHYDRATE (g) | DIETARY FIBER (g) | SUGARS (g) | PROTEIN (g) |
|---|---|---|---|---|---|---|---|---|---|---|---|
| **CAKE DOUGHNUTS** | | | | | | | | | | | |
| Blueberry Cake | 230 | 65 | 7 | 2.5 | 0 | 15 | 380 | 38 | 1 | 18 | 4 |
| Butterfingering | 360 | 126 | 14 | 6 | 0 | 15 | 470 | 54 | 2 | 29 | 5 |
| Buttermilk Bar | 490 | 178 | 20 | 8 | 0 | 25 | 540 | 72 | 1 | 40 | 5 |
| Chocolate Coconut Cake | 330 | 121 | 14 | 6 | 0 | 15 | 440 | 48 | 3 | 24 | 4 |
| Chocolate Cake | 320 | 131 | 15 | 6 | 0 | 30 | 440 | 43 | 1 | 21 | 4 |
| Chocolate Old Fashioned | 320 | 135 | 15 | 6 | 0 | 15 | 360 | 44 | 1 | 23 | 3 |
| Cinnamon Sugar Cake | 280 | 110 | 12 | 5 | 0 | 30 | 420 | 39 | 2 | 17 | 4 |
| Diablos Rex | 410 | 137 | 15 | 6 | 0 | 15 | 460 | 66 | 2 | 42 | 4 |
| Double Chocolate | 280 | 100 | 11 | 4.5 | 0 | 15 | 430 | 43 | 2 | 21 | 4 |
| Glazed Old Fashioned | 310 | 114 | 13 | 5 | 0 | 15 | 350 | 47 | 1 | 26 | 3 |
| Marshall Mathers | 560 | 223 | 25 | 12 | 0 | 30 | 480 | 79 | 2 | 54 | 6 |
| Maple Old Fashioned | 320 | 114 | 13 | 5 | 0 | 15 | 350 | 47 | 1 | 27 | 3 |
| Peanut Cake | 520 | 289 | 32 | 8 | 0 | 30 | 440 | 50 | 4 | 23 | 13 |
| Plain Cake | 250 | 110 | 12 | 5 | 0 | 30 | 420 | 31 | 1 | 11 | 4 |
| Powdered Sugar Cake | 270 | 110 | 12 | 5 | 0 | 30 | 420 | 53 | 1 | 16 | 4 |
| Ring of Fire | 220 | 79 | 9 | 3.5 | 0 | 15 | 410 | 31 | 1 | 11 | 4 |
| Sprinkle Cake | 490 | 194 | 22 | 12 | 0 | 30 | 440 | 70 | 1 | 36 | 4 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| **RAISED DOUGHNUTS** | | | | | | | | | | | |
| Banana Cream Pie | 540 | 123 | 14 | 5 | 0 | 0 | 670 | 108 | 2 | 53 | 8 |
| Oh Captain, My Captain | 410 | 98 | 11 | 3.5 | 0 | 0 | 630 | 76 | 2 | 27 | 8 |
| Chocolate Ring | 500 | 128 | 14 | 4.5 | 0 | 0 | 640 | 84 | 3 | 36 | 8 |
| Chuckles | 640 | 222 | 25 | 9 | 0 | 0 | 660 | 96 | 4 | 44 | 12 |
| Dirt | 580 | 156 | 17 | 6 | 0 | 0 | 750 | 96 | 3 | 39 | 9 |
| Grape Ape | 440 | 95 | 11 | 3.5 | 0 | 0 | 630 | 77 | 2 | 32 | 8 |
| The Homer | 380 | 65 | 7 | 2 | 0 | 0 | 610 | 71 | 2 | 20 | 8 |
| Mango Tango | 620 | 129 | 14 | 5 | 0 | 0 | 750 | 113 | 2 | 59 | 9 |
| Maple Bar | 520 | 68 | 8 | 2 | 0 | 0 | 670 | 104 | 2 | 56 | 8 |
| Maple Blazer Blunt | 250 | 36 | 4 | 1 | 0 | 0 | 330 | 50 | 1 | 25 | 4 |
| Maple Cream | 570 | 79 | 9 | 2.5 | 0 | 0 | 740 | 106 | 2 | 64 | 9 |
| Portland Cream | 610 | 150 | 17 | 5 | 0 | 0 | 760 | 97 | 3 | 51 | 9 |
| Raised Glazed | 320 | 64 | 7 | 1.5 | 0 | 0 | 610 | 57 | 2 | 13 | 8 |
| Raspberry Romeo | 430 | 70 | 8 | 2 | 0 | 0 | 710 | 80 | 3 | 30 | 9 |
| Strawberry Go-Tart | 640 | 134 | 15 | 6 | 0 | 0 | 700 | 119 | 2 | 61 | 9 |
| Sweet Cream Cannolo | 210 | 37 | 4 | 1 | 0 | 0 | 380 | 25 | 1 | 14 | 4 |
| Viscous Hibiscus | 400 | 94 | 11 | 3.5 | 0 | 0 | 630 | 69 | 2 | 23 | 8 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| **RAISED DOUGHNUTS** | | | | | | | | | | | |
| Voodoo Bubble | 420 | 95 | 11 | 3.5 | 0 | 0 | 630 | 74 | 2 | 29 | 8 |
| **VEGAN DOUGHNUTS** | | | | | | | | | | | |
| Apple Fritter | 850 | 193 | 22 | 6 | 0 | 0 | 1360 | 143 | 4 | 44 | 20 |
| Chocolate Ring | 480 | 140 | 16 | 5 | 0 | 0 | 560 | 77 | 2 | 34 | 8 |
| Dirt | 560 | 168 | 19 | 6 | 0 | 0 | 670 | 89 | 2 | 37 | 9 |
| Maple Bar | 500 | 81 | 9 | 2.5 | 0 | 0 | 580 | 96 | 2 | 54 | 8 |
| Maple Cream | 560 | 92 | 10 | 3 | 0 | 0 | 650 | 98 | 2 | 62 | 9 |
| Old Dirty Bastard | 680 | 219 | 24 | 7 | 0 | 0 | 700 | 51 | 3 | 50 | 11 |
| Portland Cream | 590 | 164 | 18 | 6 | 0 | 0 | 670 | 88 | 2 | 49 | 9 |
| Raised Glazed | 310 | 76 | 9 | 2.5 | 0 | 0 | 520 | 50 | 1 | 12 | 8 |
| School Daze “PB & J” | 870 | 438 | 49 | 9 | 0 | 0 | 910 | 84 | 8 | 27 | 28 |
| Voodoo Doll | 620 | 162 | 18 | 6 | 0 | 0 | 660 | 106 | 3 | 57 | 9 |
| **SPECIALTIES** | | | | | | | | | | | |
| Apple Fritter | 890 | 162 | 18 | 4.5 | 0 | 0 | 1570 | 162 | 5 | 48 | 20 |
| Bacon Maple Bar | 560 | 68 | 8 | 3.5 | 0 | 10 | 820 | 104 | 2 | 56 | 11 |
| Cock & Balls | 1680 | 447 | 50 | 16 | 1 | 0 | 1640 | 276 | 7 | 165 | 20 |
| Memphis Mafia | 1870 | 682 | 76 | 42 | 0 | 0 | 1510 | 320 | 17 | 155 | 28 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| **SPECIALTIES** | | | | | | | | | | | |
| Old Dirty Bastard | 700 | 207 | 23 | 7 | 0 | 0 | 780 | 105 | 4 | 51 | 11 |
| Voodoo Doll | 640 | 149 | 17 | 5 | 0 | 0 | 750 | 114 | 3 | 59 | 9 |